



Chilthorne Domer Church School PE Long Term Curriculum Overview

Year B – 25/26

Year A – 26/27

A s h C l a s s	R e c e p t i o n	Autumn		Spring		Summer	
		1	2	1	2	1	2
					Yoga	Yoga	
		Forest School					

B e e c h C l a s s	Y e a r 1 a n d 2	Autumn		Spring		Summer	
		1	2	1	2	1	2
		Year A – 1. Locomotion: running and jumping	Year A – 2. Health and wellbeing: the effects of exercise	Year A – 3. Dance: my moves, my journeys Year	Year A – 5. Gymnastics: individual movements and balances	A – 4. Ball Skills: sending, receiving and dribbling	Year A – 8. Ball skills: pushing and striking
		Year B – 1. Locomotion: running, jumping and dodging	Year B – 2. Health and wellbeing: agility, balance and coordination	Year B – 3. Dance: my world, weather or 8. Dance: my world, how we dance	Year B - 5 Gymnastics: linking movements and balances	Year B - 4 Ball skills: passing, dribbling and scoring	Year B - 7 Ball skills: hitting and striking
		Year 2s - Swimming: Swim England Award 1 -6 as appropriate for ability.	Yoga				
			Year 2's - Swimming: Swim England Award 1 -6 as appropriate for ability.				
		Forest School					
		Year A – 6. Outdoor adventurous activities: working as a team Year B – 6. Outdoor adventurous activities: team building					

M a p l e C l a s s	Y e a r 2 a n d 3	Autumn		Spring		Summer	
		1	2	1	2	1	2
		Swimming: Swim England Award 1 -6 as appropriate for ability.	Swimming: Swim England Award 1 -6 as appropriate for ability.	Year A – 6. Gymnastics: movements, balances and sequence composition Year B – 3. Dance: my world, weather or 8. Dance: my world, how we dance	Year A – 5. Net and wall games: tactics and strategies to overcome an opponent Year B - 4 Ball skills: passing, dribbling and scoring	Year A - 4. Invasion games: principles of attack and defence in netball Year B – 1.Locomotion: running, jumping and dodging	Year A - 9 Striking and fielding games: fielding vs batting Year B - 8 Athletics: athletic challenges
		Year A – Year 3 planning Year B – Year 2 planning, Athletics Y3				Yoga	
Forest School Year A – 1. Outdoor adventurous activities: team challenges Year B – 6. Outdoor adventurous activities: team building							

O a k C l a s s	Y e a r 4 a n d 5	Autumn		Spring		Summer	
		1	2	1	2	1	2
		Year A – 4. Invasion games: maintaining possession and stopping an attack through basketball	Year A – 5. Net and wall games: tactics to overcome an opponent through pickleball	Swimming: Swim England Award 1 -6 as appropriate for ability.	Swimming: Swim England Award 1 -6 as appropriate for ability.	Year A – 6. Gymnastics: symmetry and asymmetry	Year A. 9 Striking and fielding games: tactics and strategies through racing rounders
		Year B – 3. Invasion games: shooting, scoring and denying space through hockey	Year B – 4. Net and wall games: tactics to overcome an opponent through tennis			Year B – 8. Dance: your tag, everyday art	Year B – 10. Athletics: enhanced athletic challenges
Year A – Year 4 planning Year B – Year 5 planning				Yoga			
Forest School Year A – 1. Outdoor adventurous activities: solving problems Year B – 1. Outdoor adventurous activities: orienteering							

W i l l o w s C l a s s	Y e a r 5 a n d 6	Autumn		Spring		Summer	
		1	2	1	2	1	2
		Year A - 3. Invasion games: scenarios, tactics and power play through tag rugby Year B – 3. Invasion games: shooting, scoring and denying space through hockey Year A – Year 6 planning Year B – Year 5 planning	Year A – 4. Net and wall games: tactics to overcome an opponent through badminton Year B – 4. Net and wall games: tactics to overcome an opponent through tennis	Year A – 6. Gymnastics: matching and mirroring Year B – 8. Dance: your tag, everyday art	Year A – 5. Striking and fielding games: striking and fielding tactics through rounders Year B – 10. Athletics: enhanced athletic challenges	Swimming: Swim England Award 1 -6 as appropriate for ability.	Swimming: Swim England Award 1 -6 as appropriate for ability. Yoga
Forest School Year A – 1. Outdoor adventurous activities: leadership Year B – 1. Outdoor adventurous activities: orienteering							

Notes

Some units are coming soon. If yours isn't there, feel free to swap it out for another in the same Year. If you are teaching a split class, ensure your partner class does the same so the Year 2/5 children are getting the same opportunities.

- Maple upwards:
 - Gym in Year A
 - Dance in year B
 - Athletics appears in Year B so all KS2 children get it every other year