



CDCS news! January 2026

January 2026 - In This Issue...



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Happy New Year - just!

We've nearly made it through the longest month in the year (or so it feels) and what a wet one it has been. Hopefully, as the days get longer, the weather will pick up and a nice bright spring will soon be upon us.

A reminder and a plea... Everyone deserves to feel safe in the work they do and the decisions they make. Difficult decisions are made regularly but always in the best interests of children's learning and everyone's safety.

Please can I ask that you are polite in your interactions to others, that you are considerate and respectful of decisions that need to be made and that if you have a serious concern, you raise it with the appropriate adult in school. Staff do not deserve the rudeness that has been evident in the last few days and weeks. They also don't deserve to be spoken about in group chats or on online platforms whether these are publicly viewable or private.

Our school vision is this: Together we Love, we Aim High and we Celebrate. I expect everyone in school to work within this vision and I thank you for doing the same.

Road safety

A reminder that road safety around the school is vital. Please think careful before stopping or parking.

Yellow zigzag lines outside a school mean you **must not stop, wait, or park there at any time** to keep the area clear for children's safety, as parked cars block views, creating a hazard for kids crossing or entering/leaving the school. These markings, known as [School Keep Clear](#) markings, are enforced by law (Highway Code Rule 191 in the UK), and stopping, even briefly to drop off or pick up, is illegal and can result in a fine.



Digital Leaders at Chilthorne Domer Church School

Online Safety Top Tips for the New Year

The children have been busy at school, creating some top tips about how to stay safe online in the New Year after reading an article from Internet Matters.

Here are the top tips from Maisie, our Digital Leader:

Online Safety Top tips for 2026

- Make sure you ask open-ended questions to your children
- Ask small questions every so often that are relevant
- Make sure you and your children are off technology before bed
- Be encouraging to others and your children and make them feel supported
- Start talking to your children from a young age.



Family Sharing workshops

We are looking forward to welcoming parents and carers to school on Wednesday 11th February for our next sharing workshop. This will take place between 9.15am and 10.15am.

The back gate by the car park will open around 9.10am, please make your way to the following rooms depending on the House Team your child(ren) are in:

Coleridge (Red) - Oak Classroom

Blake (Blue) - Beech Classroom

Wordsworth (Green) and Shelley (Yellow) - Hall

Please remember to sign in and collect a visitor sticker when you arrive to your designated classroom.

Parenting Workshop

A reminder that we are running a workshop to support parents next - to clarify, the date is Thursday 5th February. A decision will be made on Monday whether this will go ahead - at the moment, numbers are very low.

This workshop is aimed at everyone and can be both proactive and reactive. You'll learn about escalation and de-escalation, communication and behaviour (and how these are interconnected) and rupture and repair - what to do when things go wrong. It's set to be a really informative and useful session.

We will be keeping After School Club open until 5.30pm on this day to make the session accessible to parents. To book a space on the course or to reserve a free Tea Time Club space, please call or email the office.



 **Somerset Council**

PARENTING WORKSHOP

Join us for an inspiring and interactive workshop designed to help parents understand, and grow with their children.

Parenting can be both joyful and challenging. This workshop is led by The Family Intervention Service to help parents learn new ways to guide, support, and communicate with their children.

WHAT YOU WILL LEARN >>

- ✓ Escalation and De-escalation
- ✓ Communication and Behaviour
- ✓ Rupture and Repair

CHILTHORNE DORMER CHURCH SCHOOL
5TH FEBRUARY 2026
330PM-530PM

 01935 840407



About Workshop

Parenting can be both joyful and challenging. This workshop is led by The Family Intervention Service to help parents learn new ways to guide, support, and communicate with their children.

Let's raise happy, confident children-together.

Parenting Workshop

Join us for an inspiring and interactive workshop designed to help parents understand, and grow with their children.

Chilthorne Domer Church School
5th February 2026
330pm-530pm

Building Stronger Bonds with Our Children



You'll Learn About:

- **Escalation and De-escalation**
 - Understand why situations escalate on some days and not others, and explore practical ideas and strategies to manage escalation effectively.
- **Communication and Behaviour**
 - Learn how communication and behaviour are interconnected and influence each other.
- **Rupture and Repair**
 - Recognise that mistakes will happen, and discover approaches to repair relationships and restore trust when things go wrong.



Let's raise happy, confident children-together.



Spaces are limited — don't miss this chance to grow together as a family.

Register Today

01935 840407

www.chilthomedomerchurchschool.co.uk

office@cdcs.uk

Chilthorne Domer Church School,
Yeovil, Somerset, BA22 8RD





Sporting Success

A huge well done to Alyssia and Eme for representing Chilthorne at a Futsal tournament tonight and thank you to Primrose Lane's Year 3 team for welcoming them in to their group. It's a shame we couldn't field a team of our own but great that we didn't have to let these two girls down who, Miss Trowbridge says, were brilliant. Well done, girls!

There are lots of sporting opportunities available at school - please do encourage your children to join in. You never know, they might find a sport they love that they didn't realise they loved!

Sketchbook Club

Mrs Steele, who used to work for us, is offering to run a sketchbook club on a Wednesday after school after Easter. Check out the poster for more details and let the office know if your

child is interested by half term. I made an error in the email and sent it to all - because the nature/length of club, this is aimed at children in Years 4, 5 and 6.



THE SKETCHBOOK CLUB

An Afterschool Club for Primary School (Y4-6)

Inspiring Confident, Curious Young Artists

Does your child enjoy drawing, making, or exploring creative ideas? The Sketchbook Club is a calm, inspiring after-school club that helps children develop art skills, creativity and confidence through rich, hands-on art projects and activities. Led by a qualified teacher and artist, this club teaches children to use sketchbooks as artists do - to experiment, take creative risks, and have fun!

What happens at The Sketchbook Club?

- Start with a snack and a check in.
- Use their sketchbook as a personal creative space.
- Experiment and explore using different media and techniques.
- Develop creative ideas over time to create a final piece at the end of 6 week block.
- Express themselves, learn new skills and have fun!

Interested?

If you would like your child to take part, register your interest by [emailing the office](#)
15 spaces available.

THE TEACHING Artist PROJECT

Practical Information:

Who: Children from KS2.
When: 3.30pm - 5pm every **Wednesday** after school starting after the **Easter holidays**.
Where: On school premises.
Cost: £10 per child per session payable in 6 week blocks.
What's Included: A healthy snack is provided and all materials including sketchbooks.

Children's achievements

Well done to the following children for their out of school achievements!

Lincoln had a superb basketball game recently scoring a massive 10 points for his ten - love the action shot too!

Eme, Florrie, Delilah, Harper and Felicity all performed brilliantly in dance shows recently

Eddie has passed stage 2 in swimming and **Frank** has passed his stage 4 in swimming. Well done, boys.

Penelope has achieved her laughter badge in Rainbows and **Ella** and **India** have had fantastic success with Majorettes as has **Lily**. **Ella** was awarded Star of the Year and India got an award for most improved confidence. Well done, girls. Well done to **Lucas** for his kickboxing student of the year award.

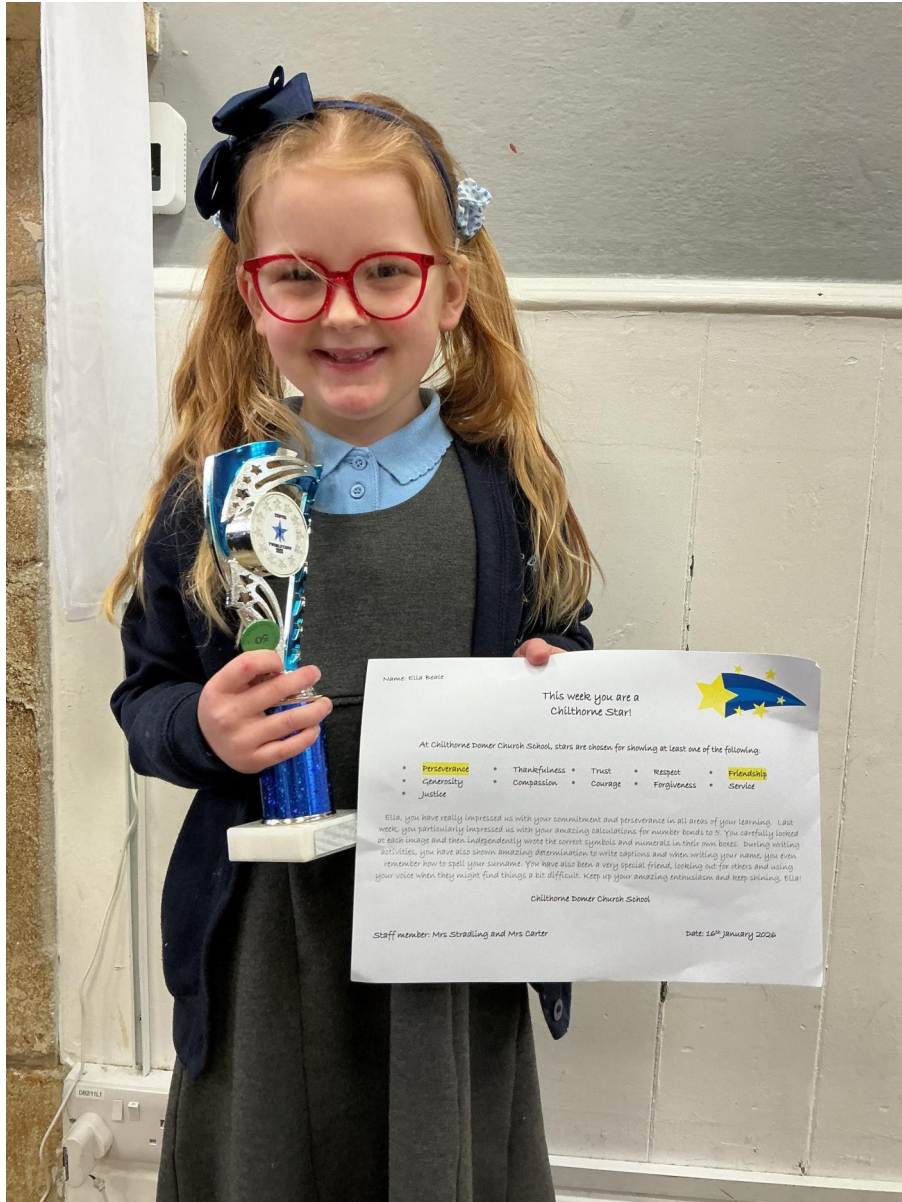












Up coming PTA events...

A big thank you in advance to the PTA for their efforts in fundraising for the school. Thank you to families for supporting their events - it has a direct, positive impact on your child.

**Chilthorne Domer PTA
Valentine's Day
Bake Sale**

We're kindly asking for donations for our upcoming bake sale.

The treats will be available to buy after school on Thursday 12th February and Friday 13th February (subject to stock)

'Wear what you love'
(non-uniform day)
on Friday 13th February
Suggested donation £1.00

**Chilthorne Domer
Church & School**

B I N G O

FRIDAY 1ST MAY

**DOORS OPEN AT 6:00PM,
EYES DOWN FOR 6:30PM**

Chilthorne Domer Village Hall

Adults book (6 games) £7.00
Children's books £3.00

Raffle & refreshments available
Cash only on the night

**Non-uniform Day Friday 24th April
in exchange for donations!**

And finally...

If you collect from Tea Time Club - please call ahead to collect. You can contact them on 07714523811

**YMCA
BRUNEL GROUP**
BATH | BRISTOL | WILTSHIRE
EAST & SOUTH SOMERSET

GOLDENSTONES YOUTH CLUB

An exciting opportunity to meet new friends & join in fun activities.

Wednesday Evenings
6pm-8pm term-time only
Entry £1 (first session free!)

Goldenstones Leisure Centre
Yeovil, BA20 1QZ

select 'Goldstones Club' at registration

we welcome all young people aged 10-19




let's all catch up, have fun and support each other!

To sign up please access the consent form by scanning the QR code or via the link <https://forms.gle/AvNMEJ3MqWZv3rux5> Consent must be provided by a parent/carer

For more information contact: RhiannonCross@ymca-bg.org
www.ymca-bg.org

YMCA | Here for young people
Here for communities
Here for you



Netball Youth Camp

Westfield Academy - Yeovil

Calling all young netball enthusiasts!

Date: Monday 16th February 26

Location: Westfield Academy,

Time: 10am-3pm

Age Groups: 8-11 & 12-14

Sharpen your skills, boost your confidence & make new friends!

Fun & Games:
Enjoy friendly competitions, mini-tournaments, and team-building activities.

Make Friends:
Connect with fellow netball enthusiasts who share your passion!

Early Bird Discounts!
Book by Wednesday 31st December to secure your spot

Only **£20** per participant Only **£10** per sibling booking!

After 31st December: £25 per participant, £15 per sibling booking

Register now:
forms.office.com

SAINTS SOUTHWEST EST 2015

FEBRUARY HALF TERM CAMPS

SESSION	AGE	DAY	TIME	LOCATION	SIGN UP
Yeovil	5-14	Monday 16 th	10-3 9AM EDO	Bucklers Mead, Yeovil	ONLINE
Langport	5-14	Thursday 19 th	10-3 9AM EDO	Huish Leisure 3G, Langport	ONLINE

WHY PARENTS CHOOSE SAINTS SOUTHWEST CAMPS?

- Fun, structured football for ages 5-14
- Expert, qualified & DBS-checked coaches
- Safe, inclusive & supportive environment
- Clear structured sessions built around our football curriculum
- Confidence, skills & friendships built every week
- Smiles, Laughs, Memories and Development!

£18

KICK OUT

DEVELOPING POTENTIAL FOR ALL

 *Bucklers Mead Leisure Centre*

ACTIVE CAMP

🕒 FEBRUARY HALF TERM

- MONDAY** Inflatable Day
- TUESDAY** Tournament Tuesday
- WEDNESDAY** Target Day
- THURSDAY** Olympic/Paralympic Day
- FRIDAY** Nerf Battles/Laser Tag Day



WWW.TLESPORTSCOACHING.CO.UK



Family Litter Pick

Do you want to do a good thing for the community?
Come down to Goldenstones to take part in litter pick with your families!

Wednesday 18th February 2026
10 am - 12pm

Meet at Goldenstones Leisure Centre reception.

For more information to book:
Goldenstones Leisure Centre | Brunswick Street, BA20 1QZ
01935 719019
goldenstones@freedom-leisure.co.uk

 Somerset Council  freedomleisure
where you matter



Jan/Feb/March 2026



Somerset School Nurse Team Newsletter

Welcome to the new Somerset School Nurse Team newsletter!

The school nurse team is made up of Specialist Community Public Health Nurses, and Assistant Practitioners. We specialise in promoting the health and wellbeing of children and young people aged 5–19 years and cover primary and secondary schools across Somerset.

This newsletter will be delivered termly, and is intended to keep you up-to-date on all the things we are doing as a service, and will include topics and links relevant to physical and mental health.

We hope you find this newsletter helpful but please do feedback anything you would like to be added.

[Somerset children & young people : Health & Wellbeing : Pfn School Nursing](#)



Feedback QR code

SAINT Somerset NHS Foundation Trust
School aged vaccinations

Did you know they will be offered these routine vaccinations at school?

- MMR (Measles, Mumps, Rubella)
- MMRV (Measles, Mumps, Rubella, Varicella)
- HPV (Human Papillomavirus)
- Polio (DTP)

Did you miss us?

We also have community clinics for:

- Contraception
- Family Planning
- Sexual Health
- Child and Adolescent Mental Health

Call us on **0300 323 0032**

Children's Mental Health Week 2026

9–15 February 2026

If your child is struggling with their mental health speak with a school nurse or your GP.

Further support can be found:

- [Mental Health Issues | Young Somerset](#)
- [shout 85258](#) here for you 24/7
- [YoungMinds | Mental Health Charity For Children And Young People | YoungMinds](#)

Are you looking for support with your child's bedwetting?

If so please contact your school nurse team for advice or make contact via the Chat Health Text service.

For more information regarding this topic please visit the following website:

[ERIC](#)

Free helpline: 0808 801 0343

Do you have a child with additional needs/and or disabilities?

Are you looking for advice and support?

The Somerset Parent Carer Forum provides a range of information and support for parents and carers in Somerset. They run a range of support groups and workshops for parents/carers to attend, and also provide a phone line where you can speak to a parent representative.

For more information click on the link below:
[Somerset Parent Carer Forum CIC Ltd \(not for profit\) company](#)



6 ways to help your child with their weight

Small lifestyle changes can make a big difference – try these top tips.

- 1. Find some support**
Speak to your child's school nurse, GP or practice nurse who will help support your family with diet and lifestyle changes if needed.
- 2. Make some healthier food swaps**
There are lots of easy ways to cut back on sugar, salt and saturated fat – get started with our top tips and simple swaps.
[Food facts - Healthier Families - NHS](#)
- 3. Eat balanced meals**
Find out what a healthy, balanced diet looks like. [The Eatwell Guide - NHS](#)
- 4. Try some new recipes**
Get inspiration to help your family eat well every day. [Recipes - Healthier Families - NHS](#)
- 5. Get moving**
Try boosting your family's activity levels in 10-minute bursts with our Disney inspired play along games.
[10 Minute Shake Up games - Healthier Families - NHS](#)

ChatHealth

Parent advice & support
Mental health
School headteacher
Sexual health

is your child 5-19 and are you looking for confidential help and support?

A safe and easy way to contact your School Nursing Team

Just send a text
07480 635 515

Disclaimer: This is not an emergency service. It operates Monday to Friday 9am-5pm and is only available by using a UK mobile number. Your messages are stored on our secure systems and can be seen by the School Nursing Team who run the ChatHealth service. Although this is a confidential service, in the event of a safeguarding issue the School Nurse has a duty of care to act on this and may.

SLEEP

Is your child struggling with sleep?

For practical advice & support visit...

[sleep Home - The Sleep Charity](#)

Alternatively, speak with a school nurse using our ChatHealth text service
Tel: 07480 635 515

Somerset School Nurse Team Contact Details:

Email: schoolnurses@somerset.gov.uk

Tel: 0300 790 9854

National Child Measurement Programme (NCMP)

Is your child in RECEPTION or Year 6?

If so, the school nurse team will begin visiting schools in the New Year to complete the height and weight measurements of all children in Reception and Year 6.

For more information regarding the programme please click on the link below:
[Somerset children & young people : Health & Wellbeing : F2F Ph Ncma](#)

**February
Half-Term
2026**



<p>Mon 16th Feb Spaces Available</p> <p>Aliens and Asteroids</p> <p>STEM & Sci Fi</p>	<p>Tues 17th Feb Spaces Available</p> <p>Malory Towers</p> <p>History & Culture</p>	<p>Weds 18th Feb Spaces Available</p> <p>Polar Animals</p> <p>Animals</p>	<p>Thurs 19th Feb Spaces Available</p> <p>Stone Age</p> <p>History & Bushcraft</p>	<p>Fri 20th Feb Spaces Available</p> <p>Bluey!</p> <p>Culture & World</p>
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New Year, New You?

Want to make a difference and be part of a team which is developing the next generation?
Why not consider training to be a teacher!

Priory Learning Trust offer school based training - primary and secondary - in our great local schools

FOR MORE INFORMATION, OR TO CONTACT US
SEE THE LINKS BELOW



[TPLT Teacher Training](#)



[tplteachertraining](#)



TeacherTraining@thepit.org.uk

<https://getintoteaching.education.gov.uk>



YEOVIL TENNIS CLUB
FEBRUARY HALF TERM
TENNIS
CAMP

MONDAY 16TH FEBRUARY, 9AM - 3PM
AGES 5+ | ALL ABILITIES WELCOME

£34 FOR MEMBERS	£38 FOR NON MEMBERS	5% SIBLING DISCOUNT
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CONTACT LUKE ANDREWS:
07437 404242 OR LATENNIS@HOTMAIL.COM