**CHILTHORNE DOMER CHURCH SCHOOL**

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**Information from our Digital Leaders**

Dear Yew Tree Nursery,

I am a Digital Leader from Chilthorne Domer Church School and I help Mrs Stradling to lead Online Safety across the school and within our local community.

Here we value the **Building Habits** poster to help our children make positive choices when using devices. In addition to their use in school, we also send this home to support our families and are now reaching out to our community to make others aware. We have included the EYFS poster for your use in nursery and will share some of the habits below.

Make sure you **ASK** a grown up before using a device.

**SHARE** your screen so a parent can see what you are doing.

**TELL** an adult what has happened, especially if something pops up or it makes you feel uncomfortable.

**BE KIND** to people online and in real life.

Make sure you **MOVE** to keep your body active.

**CHECK** if an adult can always see you when you are using a device.

Think about the amount of **TIME** that you are using a device

Finally make sure you complete a **MIX** of activities that balance out your time on a device e.g. playing in the garden, going for a walk or reading a story.

Many thanks for reading my letter and I hope our Building Habits poster will help you to stay safe online.

Yours sincerely,

Crystal

Digital Leader