Figs Catering Allergen Matrix – Autumn 2025

| Lighter Option | | | | | | upin Flour | Milk | | MUSTARD | | | WS.M. | | WNE Same |
|--|--------|----------------------------------|-------------|------|----------|---------------|----------|---------|--------------------|-------------------|---------|-----------------|------|--------------------|
| | Celery | Cereals containing gluten* | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts [†] | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Jacket Potato | | | | | | | | | | | | | | |
| Baked Beans | | | | | | | | | | | | | | |
| Tuna Melt Panini | | ✓ | | ✓ | ✓ | | ✓ | | ✓ | | | | | |
| Salmon Pasta Bake | | 1 | | | √ | | √ | | | | | | | |
| Cheese & Ham Panini | | ✓ | | | | | ✓ | | | | | | | 1 |
| Egg & Cress Baguette | | 1 | | 1 | | | | | ✓ | | | | | |
| Pizza Panini | | 1 | | | | | ✓ | | | | | | | |
| Chicken, Bacon Mayo & Lettuce Wrap | | ✓ | | ✓ | | | ✓ | | | | | | | ✓ |
| Tomato & Mozzarella Pasta Bake | | 1 | | | | | 1 | | | | | | | |
| BBQ Chicken & Cheese Panini | | 1 | | | | | ✓ | | | | | | | |
| Homemade Veg Soup/Roll | | Roll | | | | | | | | | | | | |

| Lighter Option | | | | | D°2 | Lupin | Milk | | MUSTARD | | | ISMA. | | WAE |
|-------------------------|--------|----------------------------------|-------------|------|------|-------|------|---------|---------|-------------------|---------|-----------------|------|--------------------|
| | Celery | Cereals containing gluten* | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts [†] | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Tuna Crunch Baguette | | ✓ | | 1 | 1 | | | | 1 | | | | | |
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Review date: 170725

